

# Are We Still Avoiding Non-Essential Activities?

More than two years into the pandemic, much has changed about the limitations we set for ourselves—and our risk tolerance.

## **Current Day-to-Day Activities**

I set no limitations on what I do, where I go or who I see 35%
I set some limitations for myself because of COVID-19 (i.e. there are certain activities I am still not comfortable doing)
45%
I set a lot of limitations for myself because of COVID-19 (i.e. I'm still not comfortable doing a lot of in-person activities)
13%
I avoid all non-essential activities and in-person interactions
7%

alf of Canadians have set no limitations on their activities and interactions.

SNAPSHOTS

20% 🕖

Continue to have a lot of limitations or avoid all non-essential activities.

### Q ANALYSIS

While the majority of Canada has shifted to a minimally restricted point of view, residents of Ontario (23%) and Atlantic Canada (29%) as well as older Canadians (26%) are most likely to report setting a lot of limitations on their behaviour due to COVID concerns.

Men are significantly more likely (42%) than women (29%) to set no limitations on what they do, where they go or who they see.

ваѕе TOTAL (n=1,500) QUESTION

Thinking of your day-to-day interactions and activities, which of the following best describes your behavior at this point in the pandemic?

## **Current Preventative Measures when in Public**

High preventative measures – always wear masks, maintain social distancing, take COVID tests proactively, etc.



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#### METHODOLOGY

For this most recent wave, a representative sample of n=1,500 Canadian Adults (age 18+ yrs.) who are members of the Angus Reid Forum. The sample frame was balanced and weighted on age, gender, and province according to latest census data. For comparison purposes only, a probability sample of this size would yield a margin or error of +/- 2.5 percentage points, 19 times out of 20.



